

## Example: Highfields Probus Club

Highfields Probus Club Inc. was formed in 2008 to service interested active seniors in Highfields, Meringandan, Cabarlah and the surrounding areas. The club meets at St Anne's Church on Highfields Road, Highfields on the 1<sup>st</sup> Thursday of each month (other than January) at 9.30am for 10.00am.

Meetings are relaxed, friendly events where, after short reports from sub-committees, we enjoy one of our club members telling us a little of his or her life, interests or hobbies. After a delicious morning tea, we have a guest speaker discussing topics ranging from health issues for senior men and women to legal issues for those moving into retirement villages. Our guest speakers have included our council town planners, charitable organisations and some of our own members detailing their interests or travel.

Club tours and outings during the past year have included bus trips to a local cotton farm and processing gin, the Outback Spectacular on the Gold Coast and a visit to and lunch on the Kookaburra Queen in Brisbane.

Other activities have included a number of lunches for members at local taverns, BBQs and we have held 3 car treasure hunts as well as a lawn bowls day, a 10-pin bowls day and visits to local tourism locations.

Our club has a craft group which meets monthly, a tai chi group which meets every Tuesday and we have an active caravan group which makes 2 – 3 trips away each year. In 2017-8 they travelled to Lightning Ridge and to Woodgate.

Join us for some fun, fellowship and friendship. If you would like to come along to a meeting, simply call our President – Helen Kochman – on 4630 8145.

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